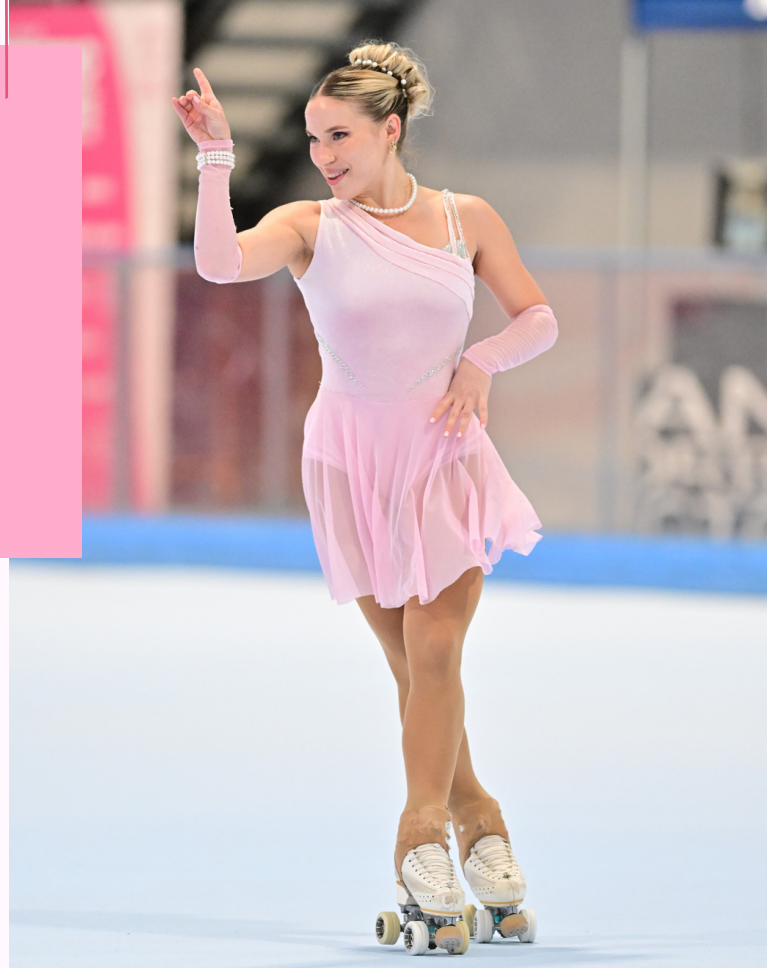


Mercedes Carrascosa

SENIOR SOLO DANCE

About Myself

I'm a Solo Dance skater representing New Zealand at the 2025 World Championships. I've trained extensively in Italy and Spain with top international coaches to refine my technique and choreography. After two seasons of injury setbacks, I'm proud to be back at full strength and pushing towards my goal of a world-class performance. Competing at this level is something I've worked towards for years, and I'm excited to represent Aotearoa on the global stage.



Community Involvement

Outside of competing, I run the North Shore Artistic Roller Skating Club in Auckland. Whenever I travel overseas for training, I bring that knowledge back to support local skaters. I've led workshops around New Zealand to share those learnings and help lift the overall level of skating here. I'm committed to helping more athletes progress in the sport – especially in a country where access to high-level coaching and opportunities can be limited.

Recent Achievements

NATIONALS 2025
1st Senior ladies

GRAEME SHEPPARD 2025
1st Senior ladies

ARTISTIC INTERNATIONAL SERIES
2025 – TRIESTE SEMI-FINAL
15th overall Senior ladies

